# A long cardigan outfit that works while sitting

seated outfit comfort checklist. No purchase or signup required.

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### Measure the actual cardigan

Measure the back length and compare it with a cardigan you already wear. A label such as long is not a precise measurement.

### Try your ordinary chair

Wear the cardigan with a light tee and straight jeans. Sit and stand several times. Check whether the hem falls into chair wheels or catches under you, and keep fabric clear.

### Compare open and closed layers

Try the front open, then remove the layer if it feels bulky. Use the worksheet to record sleeve comfort, hem clearance and the pocket position you prefer.

### YOUR PLAN

Back length _____

Chair clearance _____

Sleeve comfort _____

Pocket position _____

Keep or adjust _____