A Thanksgiving dinner outfit with a cardigan and pleated trousers

A proportion diagram and outfit planner. Use the free printable with the steps below; compare the optional supply only if you need it.

1. Choose a balanced base

Start with pleated trousers that fit comfortably when seated. Try a plain crew-neck cardigan with a tee or camisole already owned and adjust the hem position to suit your proportions.

2. Check the cardigan

Compare actual body, sleeve and shoulder measurements with a garment you own. The linked option is plain black, not plaid, and other pictured clothes and accessories are separate.

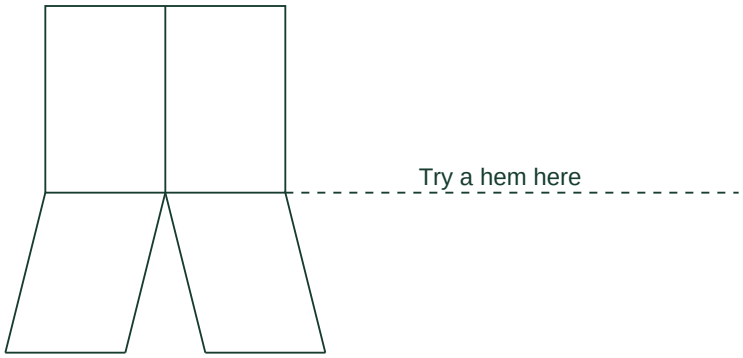
3. Try the full outfit

Sit, reach and walk in the combination before the event. Use the outfit planner to record shoes, a suitable outer layer and any alterations; the illustration does not establish actual fit.

Check actual garment or footwear measurements, care and current return eligibility. The illustration does not establish fit; other outfit pieces are separate.

Your printable workspace

Outfit silhouette and hem position



Trousers / seated fit

Cardigan and base layer

Shoes / outer layer

Measurements / wardrobe reuse

Use suitable items you own. Check exact product instructions before buying.