FIGURENOOK / FREE PLANNING WORKSHEET

Noise-cancelling headphones as a gift: compare the use case

Use this four-part checklist to record the recipient’s needs, check the exact model’s documentation and prepare a useful gift or handover.

1. List the listening situations

Separate commuting, desk work, calls and flights on the worksheet. Ask which matters most and whether the recipient prefers in-ear or over-ear designs. Cancellation features do not establish comfort, speech clarity or suitability for every environment.

2. Check the connections they need

List the recipient’s phone and computer and any wired-audio source. Verify the exact model’s supported connections and accessories. For travel, check the transport provider’s equipment and rules rather than assuming a cable or adapter will work with every seat.

3. Compare fit and controls

Record weight, adjustment range, ear-pad replacement options and the location of controls. A recipient trial is useful for comfort, glasses clearance and ease of use. Keep the return window and hygiene-related return restrictions visible in the comparison.

4. Plan charging and ownership

Check included cables, charging instructions and battery-rating conditions. Include a protective case only if needed and compatible. Keep the gift receipt and official manual with the headphones so the recipient can evaluate them and manage settings themselves.

Record your comparison

Exact model / product / recipe

Documented requirement and source

Recipient preference / available space

Included items and extra cost

Unresolved question / next action

Reference: Audio Engineering Society: Active Noise Cancellation vs Passive Attenuation

https://www.aes.org/technical/documents/

Follow the full guide and the exact product or recipe instructions. Shopping is optional.