FIGURENOOK / FREE PLANNING SHEET

Freezer meal prep: choose the correct vacuum-roll width

Record your own measurements and the exact product directions. No purchase required.

Sealer model

Compatible roll material

Roll width

Bag length allowance

Seal directions

Food / date label

- [ ] Check exact variant and included pieces
- [ ] Compare fit with your own space or supplies
- [ ] Read the current maker instructions
- [ ] Keep notes before buying