One cooked chicken, three dinner plans

Plan three different meals from cooked chicken without confusing shredding with raw-meat grinding.

Cooked quantity available

Taco portion and additions

Bowl portion and additions

Wrap portion and preparation date

Use current product directions. The guide and printable are free; no purchase or signup is required.

Use this worksheet with the guide?s cooking and shredding steps. Portion cooked chicken promptly, refrigerate it and record the preparation date. Follow USDA storage and reheating guidance.