FIGURENOOK / FREE PLANNING WORKSHEET

Open-ear sport headphones: match the gift to the activity

Use this four-part checklist to record the recipient’s needs, check the exact model’s documentation and prepare a useful gift or handover.

1. Name the activity and its restrictions

Ask whether the recipient wants headphones for walking, running, gym sessions or another activity. Check venue rules and local restrictions before choosing. An open-ear design leaves the ear canal open, but that alone is not evidence of safety in traffic or protection from excessive volume.

2. Check physical fit with existing gear

Compare the exact model’s sizing instructions with the recipient’s measurements. Consider helmet straps, glasses, hats and collars. If the recipient can try the fit, do that in a safe stationary setting and keep packaging until they decide whether it is comfortable.

3. Check connection and exposure limits

Read the manual for supported source devices and water-exposure conditions. Do not infer suitability for swimming from a general sport label. Record the charging method, included accessories and care instructions; leave unknown compatibility questions unresolved until confirmed.

4. Choose for the actual listening setting

Ask whether nearby people need quiet and whether wind or background noise is common. Compare available return terms so the recipient can evaluate sound in an appropriate setting. Use the printable to record fit, activity restrictions and documented features separately.

Record your comparison

Exact model / product / recipe

Documented requirement and source

Recipient preference / available space

Included items and extra cost

Unresolved question / next action

Reference: Consumer Technology Association: Open-Ear Audio Design Principles

https://www.cta.tech/Resources/Standards

Follow the full guide and the exact product or recipe instructions. Shopping is optional.