Plan a gourmand-fragrance sample before a holiday event

A recipient preference and sample-availability checklist. Use the free printable with the steps below. Compare the optional supply only if you need it.

Materials: Recipient's preferences; actual fragrance label; printable checklist; legitimate sampling information if available

1. Ask about the scent family

Check whether the recipient actually likes gourmand or sweet scent notes. A product description cannot establish how a fragrance will smell to that person. Keep their dislikes and any label-related needs on the checklist.

2. Check whether sampling is possible

Ask the actual seller or an appropriate retailer about legitimate sampling options; none is promised or included by this guide. Follow label instructions and any relevant personal professional advice rather than trying an unfamiliar product immediately before an event.

3. Leave room to choose differently

If the recipient cannot try it or remains unsure, consider letting them select their own gift. The linked Choco Musk product is an eau de parfum spray, compare the recipient's stated preferences with the product description.

Read the exact label, ingredients and directions. FigureNook has not smelled or worn these products and makes no longevity, health or skin-suitability claims.

Your printable workspace

Item / option	Details / actual ingredients	Check / notes

Recipient likes / dislikes

Legitimate sampling option, if available

Exact format / label / choose differently

Use suitable items you own. Check exact recipe, material and product directions.